
THE GREAT Sage



Our Patients are Bonded

How we perceive our smile and appearance affects our self-esteem, our moods and how we function in social and business relationships. Common conditions that impact negatively on your smile include broken, cracked or worn teeth, discolored teeth, missing teeth, crooked teeth, decayed teeth, gaps between your teeth and/or “gummy smiles.” Each patient and each specific circumstance must be evaluated on its own merits. Factors such as occlusion [bite], oral habits, available space, health of the gum tissue, severity of the problem and patient expectation must be taken into consideration while planning your cosmetic makeover.

Accidents can occur that will fracture the crown of a front tooth. If the fracture involves the nerve or reaches the root surface, endodontic treatment [root canal] may be necessary to save the tooth. While playing sports, we recommend mouth guards to prevent this type of injury. It is important to restore a fracture as soon as possible. Not only does the fracture look bad cosmetically, but, if left alone, it may be set off pain on chewing or



from cold or hot foods and drinks. An easy cosmetic and cost-effective solution is to replace the fractured portion of the tooth with composite tooth-colored resin that is bonded to the remaining tooth surface.



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Did you know?

That bad breath can be caused by something as simple as eating too much garlic, or that it could be a serious symptom of disease?

Some of the most common causes of bad breath include dry mouth, certain medications, use of tobacco, poor dental hygiene, and oral infections. In rare cases, bad breath may be a sign of diseases like cancer or gastroesophageal reflux.

Do I need treatment for my bad breath?

If your bad breath does not improve despite self-care techniques, such as dietary adjustments and thorough tooth brushing, you may need to see a dentist about pursuing professional treatment. Keep in mind that short-term remedies like gum, breath mints, and mouthwash may temporarily freshen breath, but they are not a solution to the underlying problem. What should I expect my dentist to do about my bad breath?

Your visit will begin with an examination and questions about your daily habits, such as the types of foods you eat and the medications you take. Your dentist may then inspect your mouth for signs of decay,



infections or gum disease that could be causing your bad breath. If your chronic bad breath cannot be traced to an oral problem or daily habit, you may be referred to a physician for further evaluation.

Is there anything I can do to maintain better breath?

Yes. If bad breath is a source of embarrassment for you, try to keep breath fresheners on-hand at all times. Sleep with your mouth closed, as this prevents dry mouth and helps tame morning breath.

Eliminate odor-causing foods from your diet, such as garlic and onions, and make an effort to brush your teeth and tongue every morning and night. Finally, be sure to visit your dentist for professional cleanings at least twice per year to remove built-up plaque that can cause chronic halitosis.

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