
THE GREAT sage

OCTOBER
2015

What Can I Eat If I am Wearing Braces?

The following substances will cause damage to the braces and should absolutely not be eaten: candy apples, caramels, hard and sticky candy, candy bars, aquarium gravel, gum balls, jaw breakers, chicklets, or other gum, popcorn, bones, nuts, ice, chips, chewable vitamins, or any other crunchy or sticky items.

Foods such as apples, carrots, celery, pretzels, French bread, bagels, waffles, and meats should be cut into small pieces and chewed with your back teeth. Keep pencils, fingernails, straws, etc. out of your mouth. Please realize that the use of sugar-containing candy, soda, gum, etc. also promotes tooth decay.

If a bracket falls off, the wire bends or anything else breaks or becomes loose, the patient needs to call right away so that an appointment may be made for the appropriate length of time (generally 30-45 minutes) that we need in order to make the repair.

This is especially important even if the patient already has an appointment scheduled.

We know that loose bands, poking wires and other problems can occur with even the most careful and cooperative patients and we will work with you to accommodate your needs in every way we can.

More @ sagepointedental.com



Boo At The Zoo

Date: Saturday, Oct. 24 Sunday, Oct. 25

Time: 9 am- 4pm

Where: CALM

Games, costumes, treats, booths, \$9 adult;

Children 12 and under free with a paying adult.



NEW FACES & PLACES

Our newest team member, Gabby, is the bright and smiling face you first see when you walk into our offices. When you call us, she will probably be answering the phone, ready to help you with any aspect of your dental care. You will be delighted with her expertise, energy and kindness.



Foothill Arts in Motion:

Booster Club 1st annual

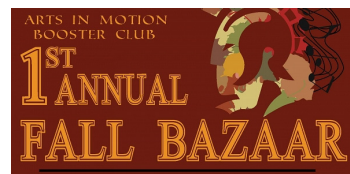
Date: Saturday, October 24

Time: 9:00 AM to 2:00 PM

Location: Mill Creek Park

Downtown 21st & R St.

Crafts, food, kids corner and more!



NEW DENTAL PLAN

You can now receive our high-quality dental care, by signing up for the Sagepointe Dental Membership Plan, and receive significant benefits. Our dental membership plan helps those with no dental insurance or who have reached their dental insurance maximum allowed benefits.

The Sagepointe Dental Membership Plan has advantages over dental insurance:

- No deductibles
- No yearly maximums
- No waiting period
- No need to file claims
- No insurance adjuster determines which services you can have

With Sagepointe Dental's Membership Plan and you receive the following benefits:

- Initial exam and x-rays
- Up to two regular hygiene appointments per year
- Up to two dental exams per year with Dr. Barr
- Discount of 20% for all services provided by Sagepointe Dental, including teeth whitening treatments and cosmetic dentistry

To become a member of the Sagepointe Dental Membership Plan, complete the Enrollment Form and start receiving the benefits today!